

Workshops and Programmes for Parents

January – March 2026



Programmes

Talking Teens Programme (Virtual)

Venue	Date (Thursdays)	Time
Virtual	15 January - 5 February	6 - 8pm

N Tots Baby Five to Thrive Programme (Exclusively for babies that have been cared for in neonatal unit)

Venue	Date	Time
Moat Family Hub	12 January - 9 February	10 - 11am

The Parenting Puzzle Programme for Parents of 0-5s

Venue	Date	Time
Stoke Heath Primary	26 February - 19 March	9 - 11am

Parenting Puzzle Programme for Fathers of 0-5s (Virtual)

Venue	Date (Wednesdays)	Time
Virtual	21 January - 11 February	6 - 8pm

SEND Nurture Programme (Face to Face)

Venue	Date	Time
Sidney Stringer School	21 January - 25 March	9:15 - 11:15am
Woodside Family Hub	8 January - 19 March	12.30 - 2.30pm

The Nurturing 8 week Programme

Venue	Date	Time
Mosaic Family Hub	27 January - 24 March	9.15 - 11.15am

Welcome to the World Antenatal Programme

Venue	Date	Time
TBC	TBC	5 - 7pm

Baby Five to Thrive (Face to Face)

Venue	Date	Time
Families For All Family Hub	26 February - 26 March	1:30 - 2:30pm

Living with Confidence Programme (Face to Face)

Venue	Date (Wednesdays)	Time
Moat Family Hub	14 January - 18 March	1 - 3pm

Face to Face Sleep Workshop

Venue	Date	Time
Bagington Fields School	Thursday 29 January	1 - 3pm

Workshops

Understanding Your Child's Behaviour (UCB) 2 hr workshop (Virtual)

Venue	Date	Time
Virtual	Friday 6 February	10am - 12pm
Virtual	Weds 25 March	1 - 3pm

Sleep Workshop (Virtual)

Venue	Date	Time
Virtual	Monday 2 March	5:30 - 7pm

Sleep Workshop (Face to Face)

Venue	Date	Time
Finham Primary School	Tues 3 February	2 - 3:30pm

Positive Family Foundations Programme for Parents/Carers (Face to Face)

Venue	Date	Time
Templars School, Templar Ave, Tile Hill, Coventry, CV4 9DA	Tues 13 January	1 - 3pm
Adult Education Centre, Telfer Road, Radford, Coventry, CV6 3DR	Tues 13 January	6 - 8pm

Contact Kate Steventon to book a place
kate.steventon@coventry.gov.uk

Booking details

To book onto a workshop please email:
parenting@coventry.gov.uk

For more information on any of our programmes or workshops visit:
<https://www.coventryfamilies.co.uk/parenting-support>

Questions and queries:

parenting@coventry.gov.uk
 or Tel: **024 7678 6949**

